



*Caring for families
in sickness and in health.*

Adolescent Intake Form

Child's Name _____ Preferred Name _____

Parent's (Guardian's) Name _____ Mom Dad Step-mom Step-dad

Address _____
City _____ State _____ Zip _____

Home Phone _____ Parent's Cell Phone _____

Parent's Email address: _____ Adolescent's email: _____

SS# _____ Birth Date _____

School your child attends: _____ Grade or Level: _____

Check all that apply: Drink Coffee _____ Drink Sweet Tea _____ Milk _____
(Specify Amounts) Artificial Sweeteners _____ Juice/Sports Drinks _____
 Soft Drinks _____ Candy _____

Please List:

	Medications	For What Condition	Taken How Long
Please list all meds OTC & Prescribed	1. _____	_____	_____
	2. _____	_____	_____

	Vitamins/Supplements/Herbs	For What Condition	Taken How Long
Please list all meds OTC & Prescribed	1. _____	_____	_____
	2. _____	_____	_____

Has your child recently been vaccinated? yes no If yes, for what? _____

Has your child ever had any reaction to vaccinations? yes no not sure

If YES or NOT SURE please Explain: _____

How would you best describe their diet? poor fair adequate good excellent

How many servings of *different* fruits/vegetable do they eat per day? _____

Activity Level: Please check those that best describes your child:

- My child is extremely involved in competitive sports. * Please specify sport/activity _____
- My child is moderately active. He/she plays some sports or dances and enjoys outdoor activities almost daily.
- My child is occasionally active. He/she may do things like ride their bike, swim, or toss the ball a few times/week.
- My child is seldom active. The only activity he/she may get is in P.E. class.
- My child does not participate in P.E. class on a regular basis.

Learning Ability:

- My child does very well at school.
- My child struggles with some subjects but overall enjoys learning.
- My child has had difficulty getting their homework done and usually falls behind in their work.

List medical doctor(s) you have seen within the past year:

1. Name _____ City _____ Last seen? _____
Reason for visit _____

2. Name _____ City _____ Last seen? _____
Reason for visit _____

List ALL Surgeries/Hospitalization:

Type _____ Date _____

Past Accidents/Injuries/Stitches/Broken Bones

Type _____ Date _____

Type _____ Date _____

CURRENT CONDITION

REASON FOR YOUR VISIT TODAY: _____

*If this visit is for general wellness/spinal maintenance please skip to next section.

HOW LONG HAS IT BOTHERED YOU? Days Weeks Months Years

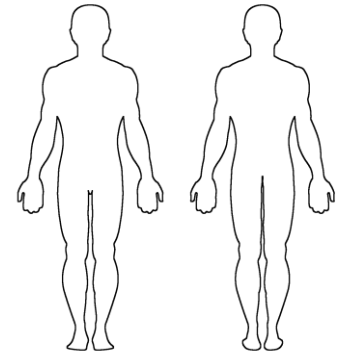
Have you seen anyone else for this so far? Yes No

If Yes, who? Name and type of practitioner. _____

What have you done so far for this situation? _____

What makes your situation better? _____

What makes your situation worse? _____



On a scale of 1-10 (1= least pain 10= most pain)

How would you rate your situation? _____

Please specify on the diagram, the location of your pain or discomfort.

FRONT

BACK

Health History

Below are a list of symptoms. Please check if you have had, or are currently suffering from any of the following:

Past	Symptom	Present
<input type="radio"/>	neck pain	<input type="radio"/>
<input type="radio"/>	headache	<input type="radio"/>
<input type="radio"/>	arm/hand tingling	<input type="radio"/>
<input type="radio"/>	leg pain	<input type="radio"/>
<input type="radio"/>	chest pain	<input type="radio"/>
<input type="radio"/>	heart problems	<input type="radio"/>
<input type="radio"/>	swelling in ankles	<input type="radio"/>
<input type="radio"/>	blurred vision	<input type="radio"/>
<input type="radio"/>	allergies	<input type="radio"/>
<input type="radio"/>	unexplained weight loss	<input type="radio"/>
<input type="radio"/>	excessive appetite	<input type="radio"/>
<input type="radio"/>	confusion	<input type="radio"/>
<input type="radio"/>	dental problems	<input type="radio"/>
<input type="radio"/>	nausea	<input type="radio"/>
<input type="radio"/>	prostate problems	<input type="radio"/>
<input type="radio"/>	menstrual cramps/irregularity	<input type="radio"/>
<input type="radio"/>	bladder troubles	<input type="radio"/>
<input type="radio"/>	gas/bloating	<input type="radio"/>
<input type="radio"/>	irritable bowel	<input type="radio"/>
<input type="radio"/>	constipation	<input type="radio"/>
<input type="radio"/>	liver problems	<input type="radio"/>
<input type="radio"/>	stroke	<input type="radio"/>
<input type="radio"/>	fatigue	<input type="radio"/>
<input type="radio"/>	difficulty hearing	<input type="radio"/>
<input type="radio"/>	mid back pain	<input type="radio"/>
<input type="radio"/>	cancer	<input type="radio"/>
<input type="radio"/>	hip pain	<input type="radio"/>

Past	Symptom	Present
<input type="radio"/>	low back pain	<input type="radio"/>
<input type="radio"/>	migraines	<input type="radio"/>
<input type="radio"/>	shoulder pain	<input type="radio"/>
<input type="radio"/>	jaw pain	<input type="radio"/>
<input type="radio"/>	breathing difficulties	<input type="radio"/>
<input type="radio"/>	abnormal blood pressure	<input type="radio"/>
<input type="radio"/>	cold extremities	<input type="radio"/>
<input type="radio"/>	stuffy nose/sinuses	<input type="radio"/>
<input type="radio"/>	fainting	<input type="radio"/>
<input type="radio"/>	poor appetite	<input type="radio"/>
<input type="radio"/>	nervousness	<input type="radio"/>
<input type="radio"/>	depression	<input type="radio"/>
<input type="radio"/>	excessive thirst	<input type="radio"/>
<input type="radio"/>	vomiting	<input type="radio"/>
<input type="radio"/>	breast pain/lumps	<input type="radio"/>
<input type="radio"/>	painful urination	<input type="radio"/>
<input type="radio"/>	discolored urine	<input type="radio"/>
<input type="radio"/>	heartburn	<input type="radio"/>
<input type="radio"/>	bloody stools	<input type="radio"/>
<input type="radio"/>	hemorrhoids	<input type="radio"/>
<input type="radio"/>	leg/foot numbness	<input type="radio"/>
<input type="radio"/>	paralysis	<input type="radio"/>
<input type="radio"/>	loss of sleep	<input type="radio"/>
<input type="radio"/>	ear pain	<input type="radio"/>
<input type="radio"/>	alcohol/substance abuse	<input type="radio"/>
<input type="radio"/>	leg cramps	<input type="radio"/>
<input type="radio"/>	Other _____	<input type="radio"/>